



Youth Soccer Leagues

- 1) NO offsides.
- 2) All kicks will be indirect with the exception of penalty kicks.
- 3) Opening kick may travel backward.
- 4) Any ball striking the netting will result in a goal kick, corner kick or kick in for the opposing team. If the ball strikes the ceiling net, an indirect kick in will restart the game below where it struck (unless it's above the goal box and then the ball will be placed outside the box)
- 5) No Punts. The keeper cannot hand distribute over midfield in the air. Goal kicks can travel over midfield in the air.
- 6) Sub on any dead ball.
- 7) RED CARD, out for next game.
- 8) If the Red Card is for fighting the player will be removed from the league/tournament.
- 9) Yellow carded player must leave the field, they may re-enter.
- 10) Players will use the benches provided.
- 11) (LEAGUE) Games will be (2) 20-minute halves with a 2-minute halftime. 40 minutes total
- 12) Kick-ins, not throw-ins. All opposing players must be 5 yards away from restarts.
- 13) 6v6 Half field (including 'Keepers).
- 14) Game balls will be provided by NVSC. Size 4 for U12 and below. Size 5 for U13 (middle school) and up.
- 15) NO cleats of any kind. Turf shoes are fine. Shin guards **MUST** be worn.
- 16) Only water is allowed in the turf area. Sports drinks can be consumed outside of the turf area.
- 17) No GUM in the turf area.
- 18) Players should be properly equipped.
- 19) Players, coaches, parents, and fans should respect the referee. Shouting at referees is NOT allowed and could lead to player, coach, parent, or entire team suspensions. We want our facility to serve as an opportunity for us to grow the referee pool and attract newer referees to the game.
- 20) No slide tackling. No spitting.
- 21) League standings are Ranked by: Points, Goal Diff, Wins, Goals For. Goal difference per game can only be a max of +5. Example: An 8-0 win will be recorded as 5-0.
- 21) (NEW) Players must not kick balls in the lobby or non-playing area.**
- 22. (NEW) Roster checks will happen at the start of the game. All players must be on that roster for the game. The game can still be played, but will be recorded as a 5-0 forfeit if players are not listed. Refs will have printed rosters for each game. Coaches should contact our league manager at info@thecentrepa.com with any roster questions.**

(Revised. 12/03/25)